

In this hyper-interactive society, people are burdened with all kinds of pressure. As for teenagers, several worries can affect their lives in a humongous scale. Some immerse themselves in the pain of having their first heartbreak, others find it hard to not care about what others think, and still others reckon their frequent mood swing a nuisance. If I had a robot assistant to help me with one of the problems, I would like it to navigate me into not caring about others' opinions. As far as I am concerned, peer influence dominates my behavior during high school. I try to dress in the same style with my friends and put on similar accessories. My speaking pace and tone got closer to my closest friends. I try to keep abreast of every trend aroused by renowned actors and singers, even if it's only a fleeting fad. I can't stop caring how others see me. Many times when I failed to cater to others' opinion, I feel people looking at me with the gaze of vultures. Sometimes, I even feel like their eyes searing right out of their skulls, with echoing mock filling my ear. To be honest, I always feel a bit smothered

when the fear of others' opinion toxicated my mind.

Therefore, it is desirable to have a robot helping me with the anxiety. First and foremost, I would like the robot be equipped with the function of generating scenarios. Whenever I am flooded with the worries, my robot will create scenes such as me dressing uniquely or stumbled upon a stone, and nobody around me actually cared. With this simulation, I can realize that all my anxiety derives from the spotlight effect and they are no more than my imagination. Additionally, confidence would be a favorable quality for my robot. Having it as my companion, I can look up to its ability to believe in itself, and emulate its mindset to become more confident. In this case, I can gradually shift the focus of life from others to myself, fostering a healthier mind. In conclusion, under all those suffocating masks and identities, there is a tiny but firm voice whispering, "I just want to be myself." With the help of my robot assistant encompassed the two aforementioned abilities, I believe that I can eventually find the way out of the labyrinth of obnoxious anxiety about people's opinion and embrace a brand-new life.