

Modern teenagers not only face academic pressure but also face all kinds of troubles and challenges in daily life. Out of all the problems we face, the three most common problems are heartbreak from the abrupt ending of a relationship, caring too much about what other think of you, and mood swings. If I had a robot helper to assist me in dealing with one of the problems, mood swings will be my best choice as it not only makes it difficult for me to maintain relationships and even to communicate with people, but also negatively impacts my productivity, resulting in bad academic performance.

To help tackling the problem, my robot helper should have some specialized skills to be effective when assisting. First of all, the robot helper should be good at diagnosing the cause of my problems, as nothing is more effective and efficient than finding the root of problems and dealing with it directly. Secondly, the robot should also be a good listener as well as great at giving feedbacks, because I usually feel better after

expressing my feelings to a close friend or family, and receiving feedbacks from others also enables me to improve myself. Last but not least, the robot helper should have the ability to calm people down. Due to my mood swings, it's common for me to be triggered by even the tiniest of inconvenience and fly into rage, and having a robot helper by me at all times, it can prevent me from breaking things out of anger and harming people in the process. With the rapid development of artificial intelligence nowadays, I'm optimistic towards the idea that me and others who also suffer from the similar problem will get an effective solution in a not-too-distant future.