

Adolescents, standing between adults and children, face problems that are not faced by other age groups. Besides the heavy academic pressure, they also inevitably encounter numerous challenges in life. Consequently, were there a robotic assistant, life would be much easier for them. If I were granted a robotic assistant, the very problem I would want to solve is undoubtedly caring what others think. First and foremost, as a ^{sensitive person,} I often can't help worrying ^{about} what others think about me. I fear that if I am not the top of my class, I will let my parents down. I fear that if I am not kind enough, I will be disliked by my friends. And I fear that if I perform terribly in a competition, I will be mocked by other contestants. Those fears make me nearly suffocated by the pressure I give myself. Secondly, caring too much about what others think makes me unable to be who I truly am. I change myself so as to fit in the environment. I try to become a completely different person that I lose my true self. Lastly, caring what others think makes me overthink. I keep rethinking the hidden messages behind others' words when all what they meant was the literal meanings. Thus, I misunderstand them, worrying about things that don't exist. Given the above reasons, I would be pleased to have a robotic assistant that can help me overcome my problem of caring what others think.

From my perspective, I hope this robotic assistant could be considerate. It could understand my intentions of doing so rather than blame me. By doing so, I believe that it can better help me. In addition, I hope this robotic assistant could be capable of demonstrating the consequences of my actions. This way, I wouldn't need to come up with fictional scenarios inside my head and stress myself out. Last but not least, I hope this robotic assistant could remind me to be rational and don't let my thoughts take over me. For most of time, when I calm down, I realize all I have been worrying about is not going to happen. Therefore, I hope it can remind me of that. With these capabilities, whenever I got overwhelmed by worrying about what others think, this robotic assistant could help me stay calm and analyze the situation with me, which would make me feel more relieved. In conclusion, as a adolescent stepping into my adulthood, there are a myriads of problems I have to face, one of which is caring what others think too much. Having a robotic assistant could definitely help me a great deal in overcoming this obstacle and help me lead a brighter and more vibrant future.