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I was once helped by one of my classmate when I was in high school. Having great interest in biology, I really studied hard to have good command of the theories. However when it comes to the techniques of conducting experiments in a laboratory, I didn't have the competence in making it perfect. Hopefully, my classmate James, being excellent in the field, knew my problems and said that he would instruct me to enhance my ability in experiments. For numerous hours after school and during holidays, James taught how to use microscopes, the ways to analyze data, the importance of finding out distinct features of different

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organisms, and so on. He patiently led me in doing basic but essential experiments and even encouraged me to make an research about an unique creature I'd been curious about for a long period of time. At last, I successfully regained my confidence in the practical side of biology and won an award in the scientific exhibition for my studies.

This experience has brought me many feelings since I really learned a lot during the whole process. First of all, not until I entered the lab and conducted experiments did I realized that there's a big gap between textbooks of theories and the real practice. I could easily grasp the ideas the books tried to infer and do well in theoretical tests, but that didn't mean I was great in confronting practical problems, and it was just the real side of biology. Also, the kind heart of James touched me a lot and he wanted to help me just because his affection in the subject. Most of us might feel upset when we find others doing better in the same field, not to mention reaching out a helping hand to make others better. But James didn't mind it at all but just hoping that I could enhance my skills to his level. This deed made me felt warm and I finally knew that it was just how real competent people might act. All in all, having received James's help to pass the ordeal, I hope I could someday reach my hand to others too with the same simple reason and passion.