

According to the diagram of the survey, I found out that there are quite a few special phenomena compared to the lives of senior high school students living here in Taiwan. To begin with, students who receive education in the U.S. spend merely 6.4 hours ^{on academic} learning but participate more in extracurricular activities such as clubs and exercises. In contrast, students here in Taiwan often get burdened with piles of homework every day and even attend cram school after class. Second, the amount of time they sleep is also substantially more sufficient than their counterparts in

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our country. Last but not least, American students take on part-time jobs for an average of 1.5 hours per day while Taiwanese students often begin to work part-time at a rather old age such as ^{during} college.

As a whole, my use of time in a day is quite typical as an Asian senior high school student. I go to school and acquire knowledge for 9 hours per weekday. Usually, I spend most of my weekday hours studying and working on academic projects. Since social values differ a lot between Asia and the U.S., my daily life is not so much similar to American high school students. However, I do take time to exercise regularly to maintain good health, lift my spirits, and keep a good body figure. In addition, I usually choose to get involved in extracurricular activities on weekends so that I can manage to strike a balance between work and play. All in all, though I live a different daily schedule from Americans due to cultural gaps, dividing my time with wisdom and utilizing it with efficiency, I'm convinced that I can enjoy a happy and substantial life.