

= \ In this graph, we can find out some interesting facts. For instance, American students in high school spend approximately nine hours on sleeping. This reminded me of a news report which specialists recommended that juveniles should sleep for at least nine hours a day, and those students have just touched that line. Academic activities are the ones that occupied the second most time on the graph. It is reasonable, for the main job of students is to study. Hanging out with peers, which is also an essential part in teenage life, takes up four out of twenty-four of the day. The following activities are working a part-time job, exercising and religious or charity activities. It really surprises me that exercising takes up less than one hour in those students' time pattern, even lower than working.

As a high school student in Taiwan, my time management is quite different from the Americans. I, like many students in

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Asian countries do spend far more than six hours on studying, perhaps eleven, because the ^{heavy} burden of academic performance. It results in the length of my sleeping time, too, which is lowered to about seven hours a day. Leisure activities, such as surfing the net and chatting with friends, can only take up about two hours a day. However busy do I seem, I still spend an hour after school everyday, to join our class for playing volleyball. Playing team sports relaxes my mind, and sometimes through the jump and pass, I feel more bonded with my classmates. While American students may sacrifice their day to go part-time working, I would rather stay home and study. I think that those experiences, including charity and religious activities, can be gained after I enter ^{an} university. There is no need to haste and hurry, so they don't exist in my current time pattern. Time management vary in culture, age, gender, and personality, what we should do is not to make our time pattern look "great", but to make it just fit and relaxing to ourselves!