

It is often said that compared with lives of American high school students, high school students in Taiwan lead very different ones. In my opinion, this point of view can be perfectly proved by means of the chart. According to the chart, it is obvious that American high school students have ample sleeping time on average on the ground that they approximately have 8.7 hours to get rest per day, which makes up over one third of one day. On top of that, from the chart, we can see that they lead colorful lives because various kinds of activities,

背面可繼續作答

such as working, taking exercise, volunteering, attending social activities and relaxing, consist their daily lives. As for learning, it only takes them about 6.4 hours a day for studies, which is relatively short for Taiwanese high school students.

When it comes to my daily life, there is no denying that it is tedious compared to the chart. Given I have to work hard to get into my ideal university, learning makes up most of my daily life. Instead of attending various extracurricular activities, I often immersed myself in schoolwork, making my life a little bit monotonous. To be frank, I have to budget my limited time and squeeze little time for relaxation. In order to perform well on exams, I have no alternative but to burn the midnight oil, which induces to the lack of sleeping; it seems that it is next to impossible for me to do extracurricular activities and get enough rest. As it is, I still cherish my life and I am willing to make great strides for my own future at any price. As the saying goes, "No cross, no crown." I am convinced that my boring daily life will pave the way to success in the future.