

It could be seen clearly from the table that high school students in America tend to have abundant sleeping hours, which is close to 9 hours per day. They spend 6.4 hours on activities related to studies and 0.8 hour on exercising respectively. Another noticeable point is that American high school students spend approximately 1.5 hours participating in part-time jobs on average. Their time allotment also includes time for religious events and volunteering. Last but not least, they spend much time socializing with their friends or family members and entertaining themselves.

Generally speaking, my personal daily schedule is greatly different from the table given. Driven by an exam-oriented educational

背面可繼續作答

system, hardly can I seize time for extracurricular activities compared to students in America. First of all, Taiwanese students like me are commonly lack of sleeping hours because of the fast-approaching college entrance exam. With heavy burdens on my shoulder and obligations to fulfill, I have to stay up late studying textbooks to prepare for numerous tests. Secondly, I spend less time on activities which aren't associated much with my studies. I rarely get involved in any voluntary works, not to mention any religious events. Being a senior in high school, I immerse myself into seemingly endless assignments. It's also interesting that American high school students work after class but I don't. While American parents encourage students to develop their potentials to the fullest and to learn from all works of lives, Taiwanese parents are afraid of their children getting hurt in the workplace. The only time allotment we have in common is sporting time. I think the main reason is that both Western and Eastern culture put emphasis on the importance of exercise. To sum up, I have a quite different time allotment to those in America because we are from different countries and cultures.