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Street dancing is my favorite exercise. I dance often in my free time. Street dance is different from other kinds of dance. If you want to do Ballet, you should prepare special kinds of shoe that can protect your feet. But all you need for street dance is music, a place, and passion. I usually choose pop music for my background. Those kinds of music have strong tempos and hard beats. You can easily sway your body to it and show complicated moves.

### 背面可繼續作答

Also, you can dance anywhere as long as it's a cleared spot. I will phone my friends and we will show up in the MRT station. It's a great place to practice and there are "free" audience around you. Sometimes there will be other crews. Since we both are dance lovers, we may battle and learn new techniques from each other.

Street dancing has changed my life. I was once a girl who didn't have enough confidence in myself. My two elder brothers did great on academic performances. However, I did poorly and often got red marks all over my papers. Things went different when my best friend Winnie introduced me to street dance. I "find" myself in dancing. My studies began to be good following my confidence. I am really thankful to Winnie who saved me and brought a new light to my world. Street dance has guided me through the darkest nights. I will continue to dance in my future.