

二. 英文作文

A player is running elegantly on the grass court, using his racket to hit the green ball. Yes, it's tennis, my favorite sport. To play tennis, we first need a large court. As is often the case, there are three kinds of the court, including a clay one, a grass one, and a hard one. The speed and spin of the balls we hit often depend on the material of the court. Besides, what we need to do is get a racket and a lot of balls. Finding an opponent, we can serve the ball in turns and defeat our opponents by gradually winning games, sets, and finally a match. However, playing tennis isn't easy in the least; instead, it's a quite vigorous sport, requiring players to run constantly and hit the ball with all of our muscles.

背面可繼續作答

After I cultivated the habit of playing tennis, my life has changed enormously. To begin with, it goes without saying that my health condition has been improving a lot. What by keeping running to chase the ball and what by making every endeavor to precisely hit the ball, I keep in good shape and gain numerous muscles. What's more, the reason why I love tennis is not merely its benefit to my health but also the lift of my mind. Well goes what Mahatma Gandhi once said, "Strength doesn't only come from physical capacity. It ^{also} comes from indomitable spirits." By playing tennis, I become even more tenacious than before, never yielding to pressure and setbacks. Besides, I realize that we cannot always dominate the whole world. Everyone has the chance to serve the ball. When others are possessing the power to serve, all we have to do is spare no effort to hit every ball they serve. In the process of playing tennis, I gained the humility to know that life is complicated and beyond our total control. When facing trials and tribulations, we should cherish every opportunity we have and make the most of it. Tennis is my favorite sport, and it surely influenced my attitude toward life and body a lot. I will persevere in playing tennis until the day I stand on the world-class tournament court holding the trophy triumphantly.