Choosing from the two books, I would like to go for Austin Young's "LEADERSHIP IS A CHOICE: Conquer Your Fears & You can Be a Leader Too". From its book title, I can tell that this book probably deals with effective ways to help a timid person to transform into an outstanding leader. The author may have also lacked confidence in the past, so he wrote the book to share his experience of how he changed himself, conquered his fears of speaking to the public or taking on leader's responsibilities, and finally became a successful leader. His intention was to tell those who are lacking in confidence that believing in themselves is not that difficult and everyone can eventually make it if they follow the tips provided in the book.

As a person who seldom takes part in extracurricular activities, I am not good at socializing with others and leading a group is often the last thing I would like to do. When interacting with others, I am also worried whether I have uttered something appropriate that may upset them. Because of my poor socializing skills, I always avoid being a leader of one group lest I ruin

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the triendly atmosphere due to my improper act. All I want to do is to stay in my comfort zone and finish the work I am assigned to. However, I know well that it is impossible for me to be like this in the future. Once I enter the work market after my college graduation, I will be forced to face the challenges from other competitors. Without the ability to lead a group well, I will not stand a chance of prevailing other people. Therefore, I would like to opt for Austin Young's book to help myself surmount my fear of socializing and develop the capability of being a successful leader. Through following the author's instructions, I hope that I can be: more at ease when interacting with people and no longer run away from the responsibility that a leader shoulders.