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Of these two books, I prefer "Everyone is beautiful: Respect Others and be yourself" written by Caroline Strong. Judging from the book title, it crosses my mind that its content might center on how we teenagers should build confidence, whether on the appearance or inside. I assume the author to be a psychologist, and thus she is making her utmost efforts to encourage those who don't feel pretty about themselves and to teach those who taunt others for their faces or shapes to respect others. In addition, I guess that the author will add some real-life cases on the ground that the readers will better reflect to themselves, also adding stronger supports to her ideas.

The main reason for my choice is that I am not quite confident about my looks and I am constantly disturbed by the unfair judgements by others. Therefore, I would like to pick a book that could ease my stress and cheer me up. Other reasons about

背面可繼續作答

my decision are that I've read articles about leadership and that I don't fear to stand up and be the head of a team. Above are the reasons why I decide to make Caroline's book on my summer vacation reading list.