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I prefer reading the book "Everyone is Beautiful: Respect Others & Be Yourself." In modern society, myriads of people put great emphasis on others' appearances. Nonetheless, this superficial perspective toward life is growing more and more common in spite of the fact that almost everyone knows that we should never "judge a book by its cover." As a result, it's essential that this weird condition be changed. As far as I am concerned, I guess there would probably be some inspiring examples of confident people with gorgeous inner beauty rather than splendid exterior. Furthermore, the book may possibly contain a number of practical methods to build up one's confidence and self-esteem. What's more, learning to respect those with deficiencies is also vital for modern people. On the whole, it must be an impressive and thought-provoking book.

The world-known poet, Dante, once said, "Sail your own course
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and let people talk." This is what I learned from Nick Vujcic, the most respectable idol of mine. Nick leads "a life without limbs;" however, he entitled his autobiography "Life without Limits." As I browsed through his book, it surprisingly dawned on me that he was hardly confined by his lack of arms and legs and was capable of living his life to the fullest. No sooner had I witnessed his "ridiculously good life" than I realized that it was my own thought to myself that really counts. I am always making every effort to meet others' expectations and I have little confidence in myself. This problem gets on my nerves all the time and makes me an extremely timid girl. I awfully desire being my true self without caring about others' opinions; nevertheless, it takes a great amount of courage to do so. There are tens of thousands of extraordinary people who stand as my model. Take the famous singer, Lady Gaga, for instance. In her popular song, "Born this way," she shows how she looks upon herself and expresses her true feeling directly. She is just the kind of person that I want to be! But as a matter of fact, I still dare not to do so since people around the world are not as open-minded as her. I don't want to end up like the Phantom of the Opera, being isolated and sneered at. Consequently, I would like to read the book "Everyone is Beautiful" and find out whether I have the ability to be confident enough to be my true self or not!